

March 2019

West Orange High school School Counseling News



Lunch period

Lunch time meeting with school counselors
In the
School Counseling Office

This opportunity is available to all students to
receive assistance with any problems,
questions or concerns



Inside this issue:

Counseling Staff Guide	Page 2
Parent Message	Page 3
SAC Message	Page 4
ACT/ SAT Test Dates	Page 5-7
Counseling Programs/ SAC Programs	Page 8
Scholarships	Page 9-10
Essex County Prosecutor's Office Summer Internship Program	Page 11
Montclair State University Hispanic Student College Institute 2019	Pages 12
West Orange Scholarship Fund	Page 13
Summer Programs	Page 14

Naviance 6,7,8 / Family Connection Presentation

(8th Grade Parents Only)

Liberty & Roosevelt Middle Schools

March 27, 2019

Time: 6:30 pm

WOHS - LMC

WEST ORANGE HIGH SCHOOL SCHOOL COUNSELING DEPARTMENT GUIDE

Cheryl Butler

**Director of Student Personnel Services / Counseling
Ext. 31611**

Our school counselors handle issues such as but not limited to:

- Sign up with Naviance
- Obtain access to the parent portal
- Scheduling
- Post secondary planning
- Individual counseling and advisement
e.g., Resolve conflicts, specific student concerns
(grades, peer pressure, academic support etc.)
- Student appraisal—coordinating information that goes into confidential student files and interpreting the information to help qualify students for special programs
- Coordinate meeting with parent, teacher and student to address issues/concerns in class
- Referral—provide referrals to appropriate professionals in the schools and in the outside community

51 Conforti Avenue

Main Number: (973) 669-5301
 Attendance: ext. 31999
 Nurse: ext. 31524
 Guidance: ext. 31600
 Special Education: ext.31653
 Athletics: ext.31567

SCHOOL COUNSELORS

Aldo Casale	ext. 31606
Anna D’Elia	ext. 31615
Olivia DelSpina	ext. 31617
Margaret Fahey	ext. 31610
Madelin Fernandez-Perez	ext. 31603
Kathryn Furey	ext. 31609
Mary Kehoe	ext. 31602
Guerlyn Millington	ext. 31613
Louis Pallante	ext. 31607
Rachel Rosen	ext. 31601
Rossanna Santos	ext. 31612

SAC

(Student Assistance Counselor)

Amedeo Chirichiello	WOHS ext. 31552
Jaelyn Headlam	WOHS ext. 31557

Administrative Assistants

Montrisa Bradford	ext. 31605
Michele Carroll	ext. 31608
Angela Gonzalez	ext. 31604
Lisa Wnek	ext. 31614



Parent Message

From Manager to Consultant

In the thirteen plus years you have been a parent, you have been your children's manager. Now you must become their consultant. Influence rather than control is the role that will encourage a good relationship with your adolescents who are striving for independence, yet need guidance during these often turbulent years.

There is no one way or right way to parent a child. Every individual has his or her own personality and every family has its own history, culture and physical configuration. However, there are a few guidelines that can help, produce positive experiences for teenagers and parents. Consistency is important. Whether the issue is use of the car, curfews, or chores around the house, it is important for everyone to know the rules and consequences for behavior in advance. Key to this is communication among family members with input from children and their parents. Such communication has the added benefit of helping everyone align their experience.

I was particularly pleased to read in a book by Dr. Michael Riera (UNCOMMON SENSE FOR PARENTS OF TEENAGERS) that "Kids are learning more by what you do than the way you say it." This statement is another way of saying "more things are caught than taught." my mother's favorite saying. This also highlights the fact that parents are built-in role models.

Parents, you have to allow your teenagers to respond in their own way and at their own pace to each situation whether it is divorce, death, poor grades or misunderstandings with friends, classmates, or teachers.

As parents, you need a lot of patience, an ability, no matter what the situation, to your teenagers behavior, with love and a willingness to accept them as they are, not as you wish them to be. If you can do that, life for all of you will be more positive as your offspring prepare for adulthood.

Esther M. Berg, ED.D.

Student Assistance Counselor Message



On Friday, March 15th, 2019, West Orange High School is hosting its 2nd Annual Health and Wellness Fair sponsored by the Health/Physical Education Department and Student Assistance Department.

The Health/Wellness Fair will be held in the Tarnoff Gymnasium throughout the day. 10th and 12th Grade Students via Health and Physical Education classes will be have an opportunity to learn about various programs and agencies that offer services and support for health and wellness related issues. Vendors have the opportunity to participate all day or within the following specific blocks of time:

Morning blocks- 7:30 - 10:30am

Afternoon blocks- 11:26am - 2:15pm

ACT Testing Dates

ACT EXAMINATION TEST DATES 2018-2019

Test Date	Registration Deadline	(Late Fee Required)
October 27, 2018 @ WOHS	September 28th	Oct. 14th
December 8, 2018	November 2nd	November 9th
February 9, 2019 @WOHS	January 11th	January 18th
April 13, 2019	March 8th	March 25th
June 8, 2019 @WOHS	May 3rd	May 4th-20th
July 13, 2019	June 14th	June 24th



SAT Testing Dates

SAT EXAMINATION TEST DATES 2018-2019

Test Date	Registration Deadline	(Late Fee Required)
October 6, 2018	Sept. 7th	Sept. 26th
November 3, 2018 @WOHS	Oct. 5th	Oct. 24th
December 1, 2018	Nov. 2nd	Nov. 20th
March 9, 2019 @WOHS	Feb. 8th	Feb. 27th
May 4, 2019	April 5th	April 24th
June 1, 2019 @WOHS	May 3rd	May 22nd



Testing Dates

PSAT/National Merit Scholarship Qualifying Test

October 10, 2018 (Wednesday)
All 10th & 11th grade students

PARCC TEST DATES 2017-2018

Grade 9,10,11 ELA
April 8-9, 2019

Grade 9,10,11 Math
Alg I, Geometry, Alg II
April 23-25,2019

Advanced Placement Program Examinations

May 6-17, 2019

NJ Biology Competency Test (NJBCT)

TBA

2018-2019 Counseling Department Programs

PROGRAMS / EVENTS (EVENING)	
March 27, 2019 Time: 6:30 pm WOHS - LMC	Naviance 6,7,8 / Family Connection Presentation <u>(8th Grade Parents Only)</u> Liberty & Roosevelt Middle Schools
April 23, 2019 Time: 6:30 pm - 8:30pm WOHS - Tarnoff Cafeteria	<u>College Night</u> Representatives from various colleges/universities will be available to provide information about their school. Parents and students will have an opportunity to obtain information as well as ask questions.



<u>2018-2019 SAC PROGRAMS / EVENTS</u>	
March	Health and Wellness Fair Friday, march 15, 2019
April	Alcohol Awareness Month April 26, 2019 Consequences of drunk driving Assembly Gabe Hurley- Motivational speaker and survivor /victim of drunk driving accident
May	"After the Fire" Presentation May 22, 2019



SCHOLARSHIPS

Scholarships in **PURPLE** are for
local and/or
WEST ORANGE HS students only.

Application Deadline

The American Association of Blacks in Energy (AABE)	3/15/2019
Abbott and Ferner Scholarship Program	6/14/2019
American Legion Auxiliary Children of Warriors National Presidents Scholars	3/1/2019
American Society of Civil Engineers Scholarship	3/20/19
Army ROTC Four Year Scholarship	3/4/2019
Aspiring Animation Professional Scholarship	6/1/2019
Black Scholarships The largest online directory of scholarships and financial aid opportunities for African Americans and other minority students www.blackscholarships.org/?m=1	Deadlines vary according to scholarship
BigSun Scholarship 2019	6/19/2019
Community Foundation of NJ Scholarships	5/6/2019
DEAN MICHAEL CLARIZIO CANCER SCHOLARSHIP	5/1/2019
ESSEX COUNTY SCHOOL NURSING ASSOC. SCHOLARSHIP FOR PROSPECTIVE NURSING STUDENTS	4/10/2019
FIDM National Scholarship Competition	3/15/2019
Jack Lippe Memorial Scholarship Fund	4/30/2019
Jamaica Organization of NJ Scholarship	6/30/2019
Janet Logan Daily Foundation Scholarship	4/1/2019
Janice M Scott Memorial Scholarship	3/31/2019
Liesel Krehan Memorial Scholarship	5/15/2019
Maplewood Glee Club / John A. Plumer Scholarship	3/17/2019
MELISSA WILLIAMS MEMORIAL SCHOLARSHIP	4/27/2019
Monks Home Improvements Service Scholarship	3/31/2019
Montclair Chapter of Drifters, Inc. Scholarship	3/30/19

NAACP

4/15/2019

**Dr. Mabel Robinson Scholarship
Reginald T. Jefferies' Book Scholarship
Cornelia Thompson Scholarship**

NAWC-NJ National Association of Water Companies Scholarship	4/1/2019
NCJW Nancy & Robert Eskow Volunteer Award	4/1/2019
NJ Chronic Fatigue Syndrome Scholarship	5/17/2019
NJ State Golf Association Caddie Scholarship	3/1/2019
NJCTS, The Tourette Syndrome Assoc. of NJ	4/5/2019
NJ Utilities Association Excellence in Diversity Scholarship	4/6/2019
OCA-NJ Asian-American Essay Scholarship	4/27/2019
Omega Psi Phi Fraternity, Eta Pi Chapter	3/19/2019
Rosen & Ohr Law Firm Essay Scholarship for students www.rosenohrlaw.com/scholarship	7/20/2019
SEED– Sisters Enlisted to Empower Dreams, Inc Scholarship	4/15/2019
The Student-View Scholarship Program	4/22/2019
Thornton Sisters Foundation Scholarship	(Postmark) 5/7/2019
TZU Chi Scholars	3/9/2019
UNICO-(LOCAL) ORANGE-WEST ORANGE CHAPTER NATIONAL SCHOLARSHIP	5/21/2019
UNICO National Foundation Inc Scholarship	5/21/2019
Visiting Nurse Association Health Group Scholarship	4/2/2019
Vivian Gaunt African Heritage Scholarship	3/27/2019
WEST ORANGE AFRICIAN HERITAGE ORGANIZATION SCHOLARSHIP	3/22/2019
WEST ORANGE SCHOLARSHIP FUND	4/1/2019



2019 ESSEX COUNTY PROSECUTOR'S OFFICE SUMMER YOUTH INTERNSHIP PROGRAM

The Essex County Prosecutor's Office (ECPO) is offering a five-week summer internship program beginning July 8, 2019 through August 9, 2019 for students completing their junior year by June 2019. During this exciting five-week internship program, students will be exposed to a comprehensive curriculum that includes: learning about the role and function of the Essex County Prosecutor's Office; participating in the New Jersey State Trooper Youth Week, a five day long residential program; participating in a mock trial; and interfacing with the corporate and the community-based partners on the ECPO Community Justice Advisory Board. Throughout the summer internship program, interns will be exposed to various careers in law, law enforcement and government. Interns will also participate in cultural events.

Thirty students will be chosen for the program and the ECPO Community Justice Advisory Board will make the final student selections based on the following criteria:

- ◆ Must reside in Essex County.
- ◆ Nomination by a teacher, school resource officer, religious leader etc.
- ◆ Completion of Junior year by June 2019
- ◆ Positive attitude, good reputation and sound moral character
- ◆ Good academic standing
- ◆ The ability to participate in a structured professional environment
- ◆ Good attendance
- ◆ 2 Letters of Recommendation (1 Academic and 1 Personal)

Completed application packets are due no later than March 11, 2019

Completed application packets must be sent to:

Mrs. Nicole Graves-Watson,
Community Justice Coordinator, Office of the Essex County Prosecutor,
50 West Market Street, Third Floor,
Newark, New Jersey 07102.

Recommendation letters must be included with your application.

Incomplete and faxed applications will not be considered.

If you require additional you can feel free to contact Mrs. Watson at (973) 621-4317 or via email at nicole.graves@njecpo.org.

Please note that this application and/or program may be subject to change.



Hispanic Student College Institute 2019 at Montclair State University

Montclair State University is excited to announce that the application for the Hispanic Student College Institute 2019 at Montclair State University is now open.

Montclair State University, the largest four-year Hispanic Serving Institution in New Jersey, is offering a **Hispanic Student College Institute on August 6-8, 2019**, for rising high school juniors and seniors.

The Institute will be a transformational experience for 200 students who identify as Hispanic. They will be challenged to *think big* about their future and the impact they will have on their community after college. Best of all, there will be no cost for students to participate and attend.

Through the Hispanic Student College Institute, students will:

- Engage in career exploration and goal-setting initiatives
- Attend college-planning workshops
- Participate in a majors fair and mock college interviews
- Live on campus in Machuga Heights

Institute participants will be eligible for scholarships to attend Montclair State University in the future and will receive certificates of completion to include in their college applications and their resumes.

Academically committed students who identify as Hispanic are encouraged to apply by visiting montclair.edu/admissions/hsci and completing the online application.

West Orange Scholarship Fund

Attention Class of 2019

The West Orange Scholarship Fund applications for students graduating from West Orange High School in June of 2019 is accessible online.

(The link was emailed to all seniors, and will be accessible at multiple access points as well.)

Completed applications for scholarships must be submitted by:

Monday April 1st, 2019 by 3:00PM.

Submissions received after that time will not be considered for 2019 Awards.

You can **only** access the online West Orange Scholarship Fund Application with your **school-issued Google account**. Please make sure you read **all** instructions and watch the video tips on the application form before making your final submission.

Because the REMIND App, the text messaging notification platform previously used by the West Orange Scholarship Fund, has started charging texting fees to Verizon users, we will no longer be sending updates via that platform. All communications regarding the West Orange Scholarship Fund application process will be sent to your SCHOOL EMAIL address (@westorangeschools.org).

*This means that you must **check your email regularly** to be aware of notifications regarding the online scholarship application process.*

Attention All Students



SUMMER PROGRAMS

Stop by The School Counseling Office and check out our
Summer Programs drawer.

Information is available on a variety
of program opportunities